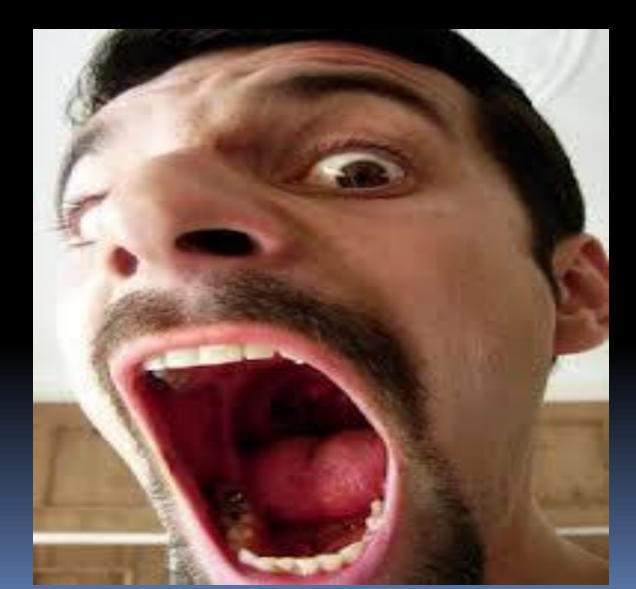
DIFFICULT AIRWAY MANAGEMENT

Brandon Bloxham D.O. Intermountain Emergency Physicians

The airway we hope for ...



The Airways we get...





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Goals and Objectives

- Gain an understanding of how to evaluate the airway
- Review predictors of difficult intubation
- When to RSI

- Surgical airway review
- Overview of rescue devices and techniques
- Non-invasive adjuncts
- Pediatric Issues

Primary Survey

- Airway Maintenance with C-spine control
- Breathing

- Circulation
- Disability
- Exposure

Airway with Cervical Spine Control

- Rapid assessment of airway patency
 - Includes inspection for foreign bodies and maxillofacial fractures that may result in obstruction
 - Chin-lift & jaw thrust or nasal/oral airway insertion
 - In-line cervical immobilization
 - GCS determination

Decision to Intubate

Failure to protect the airway

- Gag reflex absent in 25% of normal adults
- More reliable indicator is patients ability to swallow or handle secretions, phonate and level of consciousness
- □ GCS < 8

Decision to Intubate

- Failure of Ventilation or Oxygenation
 - Hypoxemia or ventilatory failure not reversible by clinical means mandates intubation
 - Clinical assessment (pt status, O2 sats, and ventilatory pattern)
 - ABGs not helpful, rarely indicated, and can be misleading

Decision to Intubate

Anticipated clinical course

- Is there a reasonable likelihood the pt will require intubation?
- Significant multi-system trauma alone may be an indication for intubation.
- Is there a need for painful or invasive procedures or studies outside of the ED?
- Penetrating neck trauma with any evidence of vascular or direct airway injury.

Identification of the Difficult Airway

- Intubation usually easy and straightforward
- Failure rate < 3% in trauma pts</p>
- BVM difficult in 1/3 of pts in whom intubation fails
- Paralytics should be avoided in pts in whom a high degree of intubation difficulty is predicted

LEMON Law

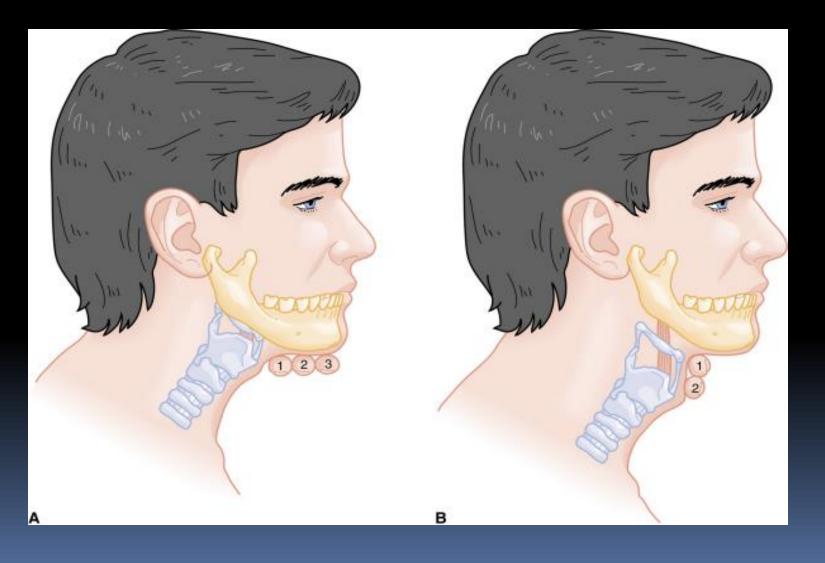
- Look externally for signs of difficult intubation(gestalt), difficult BVM, and difficult cricothyrotomy
- Evaluate 3-3-2 rule
- Mallampati
- Obstruction
- Neck Mobility

Predictors of Difficult BVM

- Mask seal
- Obesity
- Aged

- No teeth "remove dentures to intubate, leave them in to bag/mask ventilate"
- Stiffness

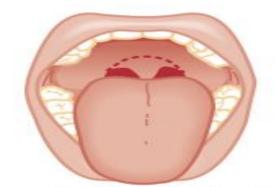
3-3-2



Mallampati Classification

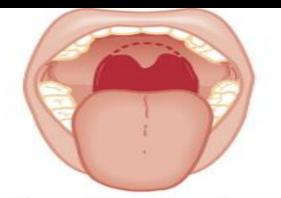


Class I: soft palate, uvula, fauces, pillars visible No difficulty

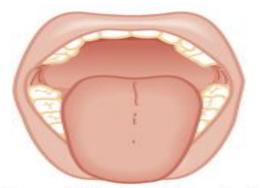


Class III: soft palate, base of uvula visible

Moderate difficulty

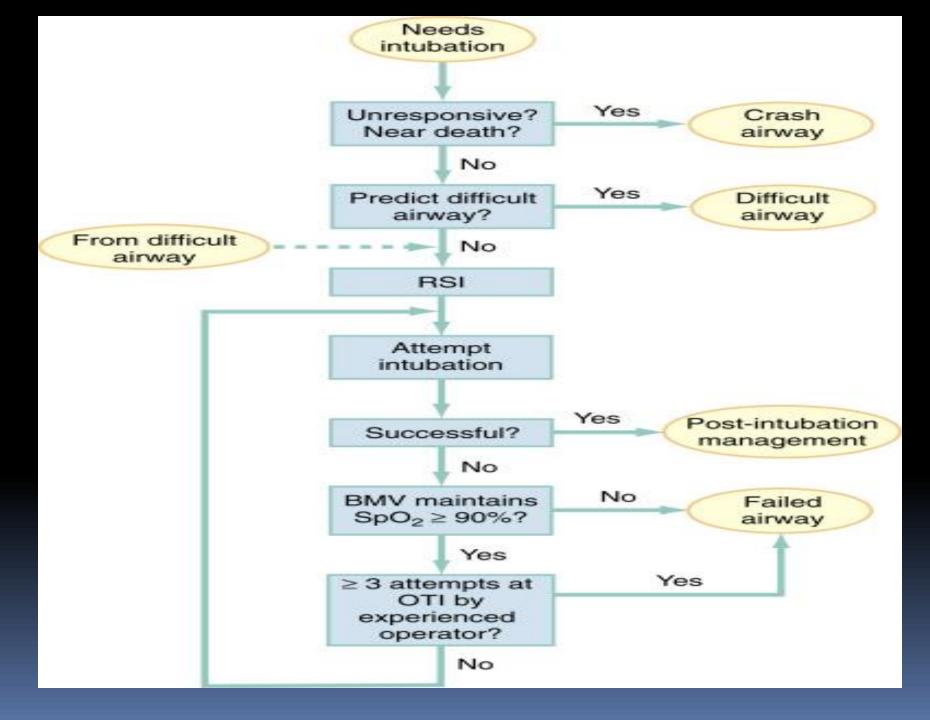


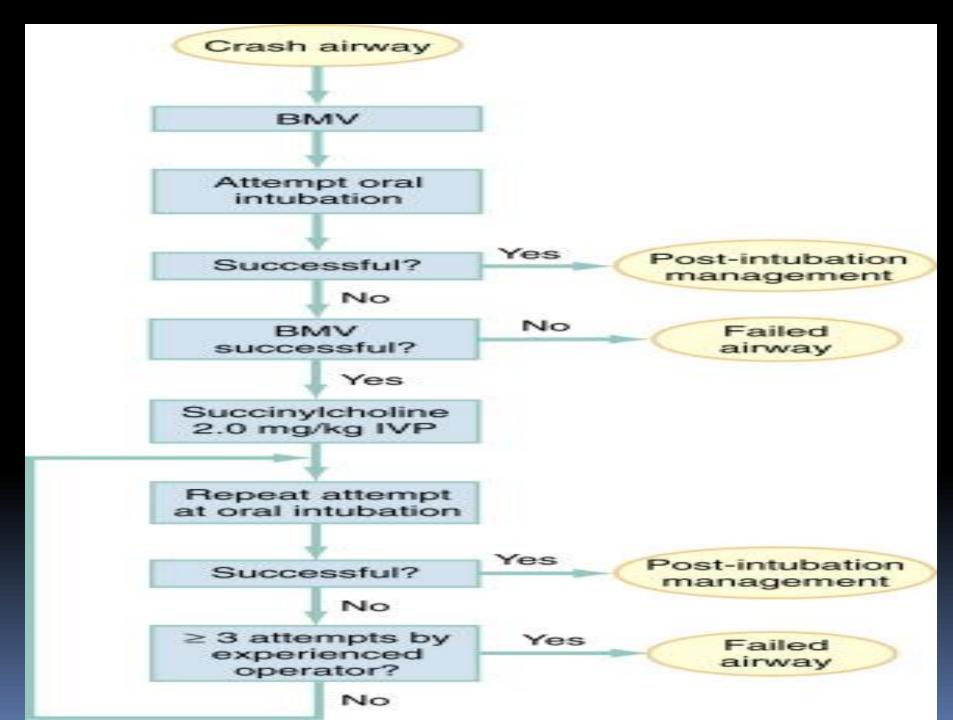
Class II: soft palate, uvula, fauces visible No difficulty

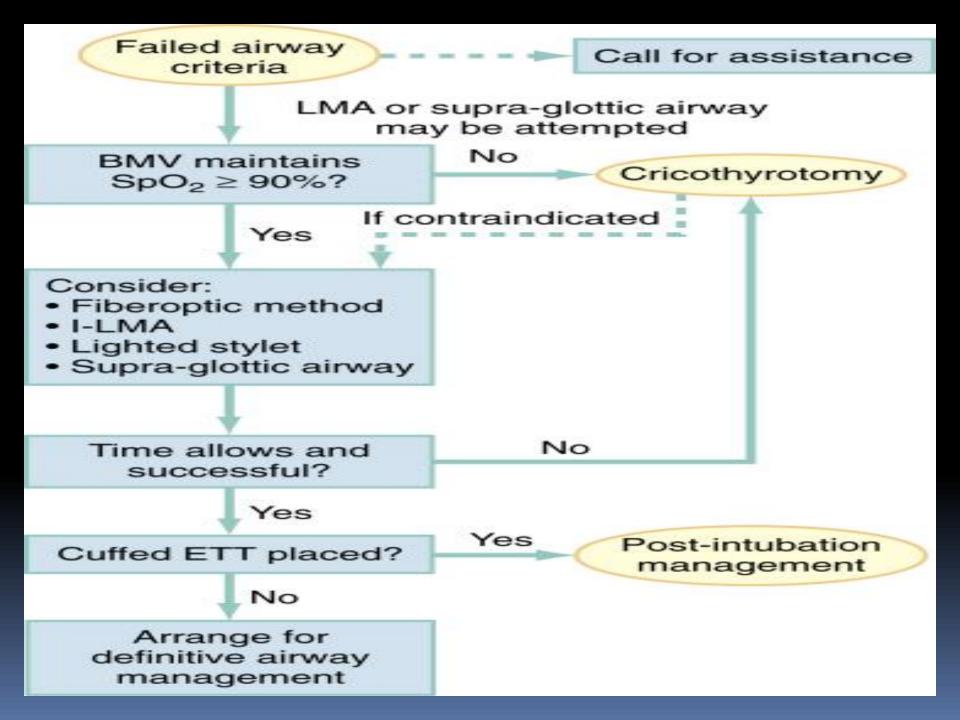


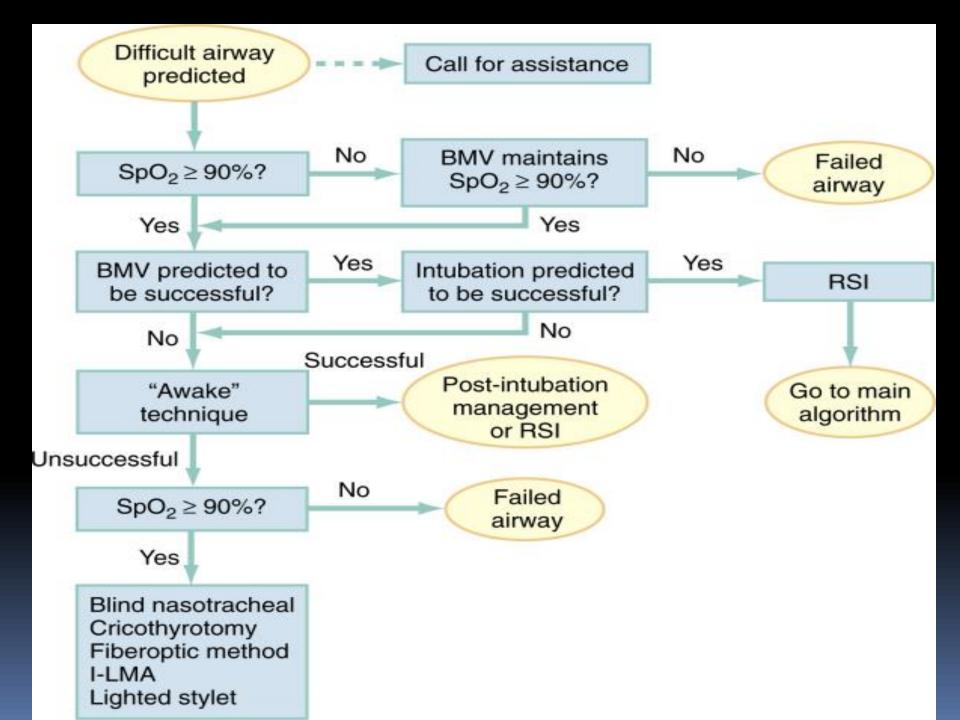
Class IV: hard palate only visible

Severe difficulty









ET Tube Confirmation

- Visualization of tube passing through cords
- End-tidal CO2
- Auscultation
- CXR







Rapid Sequence Intubation

- RSI is the cornerstone of modern airway management
- Defined by virtually simultaneous administration of a potent sedative agent and a neuromuscular blocking agent

Rapid Sequence Intubation

 "Goal is to take the pt from consciousness and breathing spontaneously to a state of unconsciousness with complete neuromuscular paralysis, then to achieve intubation WITHOUT interposed positivepressure ventilation."

SIX "Ps" of RSI

Preparation

- Preoxygenation
- Pretreatment
- Paralysis with induction
- Placement of tube
- Post-intubation management

Preparation

- Assess for intubation difficulty
- Drugs

- Equipment
- Safety net



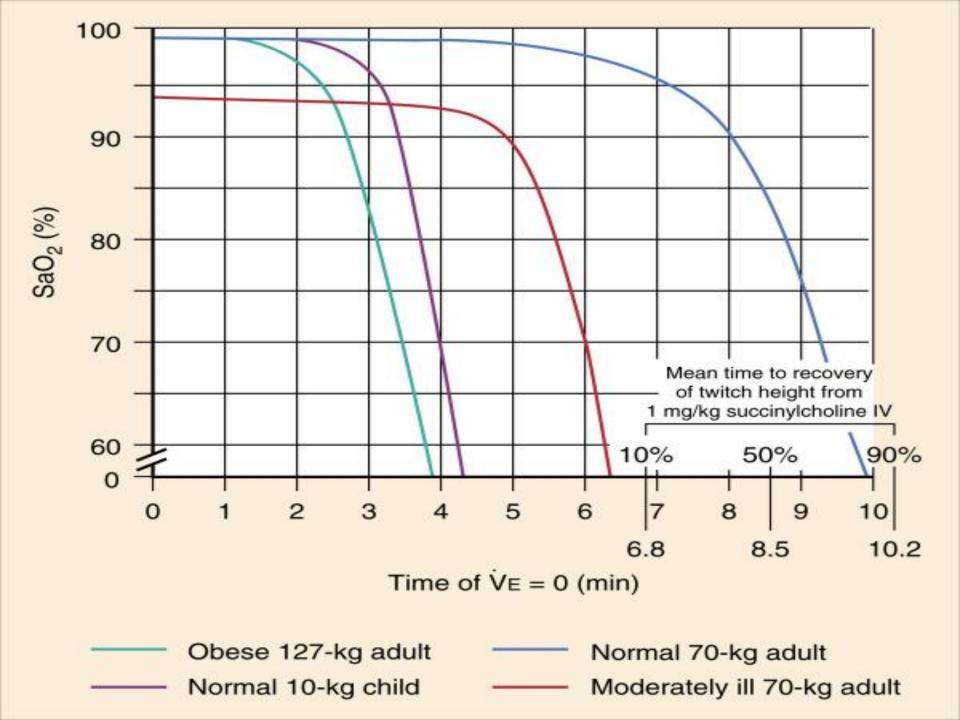


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Preoxygenation

- Administration of 100% for 3 min of normal tidal volume breathing
- Permits 8 min of apnea in a healthy adults
- If insufficient time is available, 8 vital capacity breaths with high flow O2 is acceptable



Pretreatment

- Drugs are administered 3 minutes before admin of succinylcholine to mitigate the effects of laryngoscopy and intubation
- Intubation results in sympathetic discharge,
 ICP, bronchospasm and bradycardia in children.

Pretreatment Agents for RSI

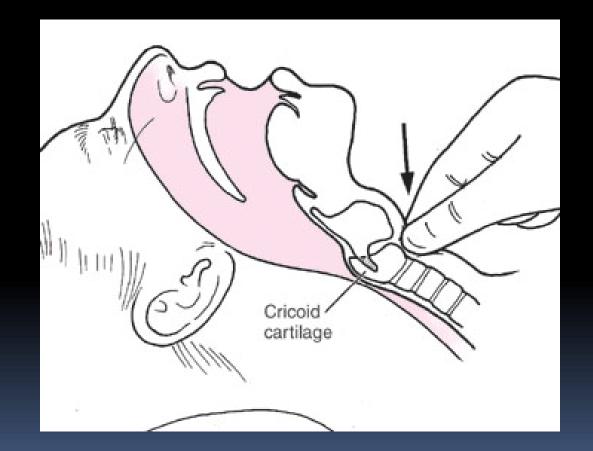
- Lidocaine
- *O*pioid

- Atropine
- Defasiculation

Paralysis With Induction

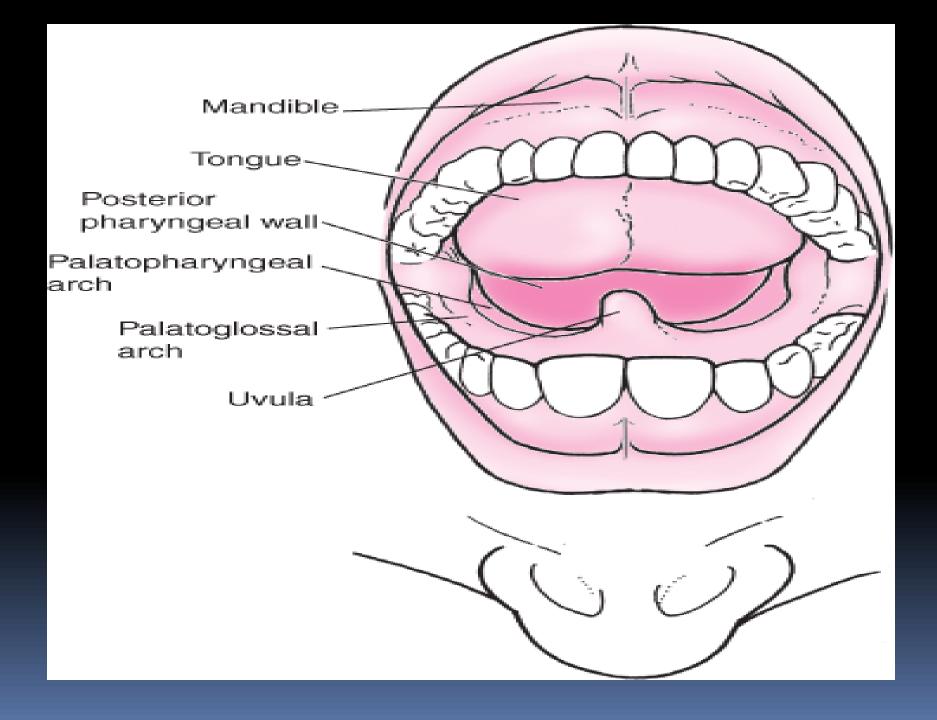
- Etomidate (0.3 mg/kg)
- Succinylcholine (1.5 mg/kg)
- Sellick's manueuver

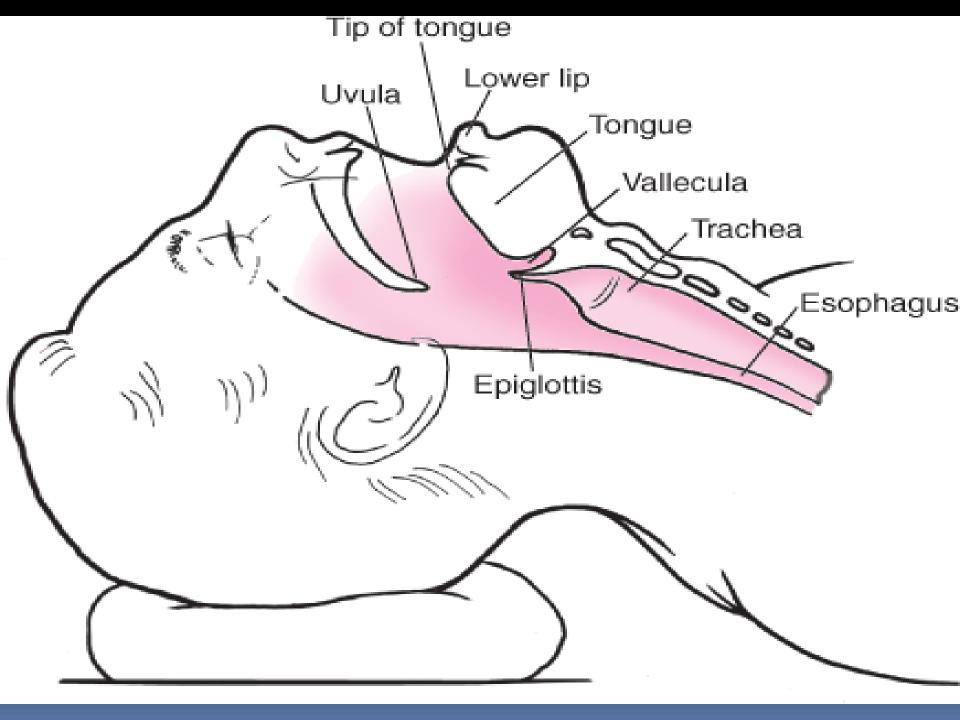
Sellick's Maneuver

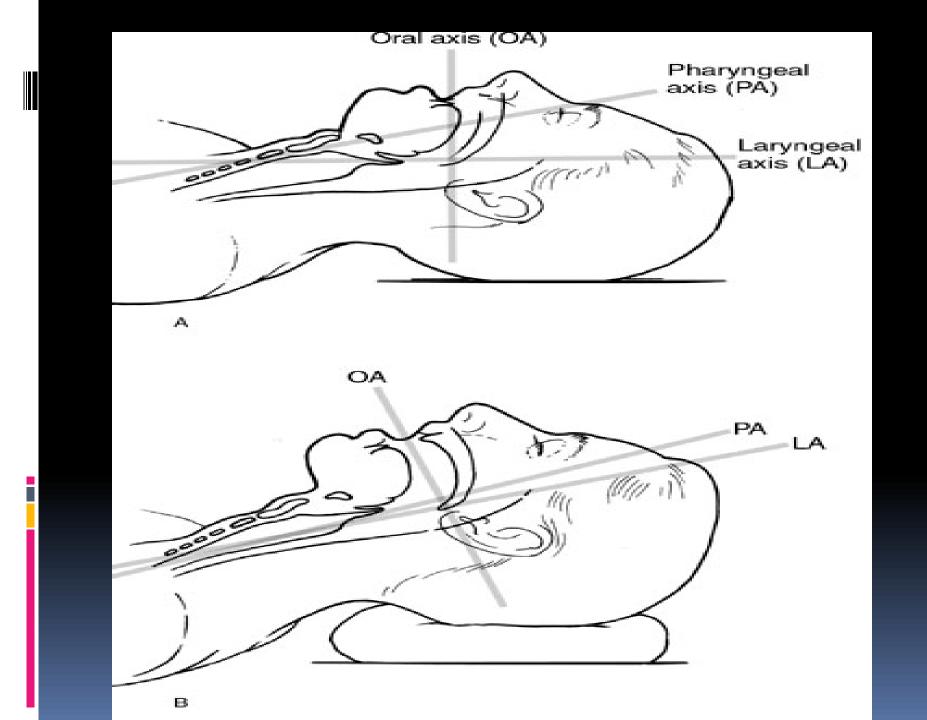


Sample Rapid Sequence Intubation Using Etomidate and Succinylcholine

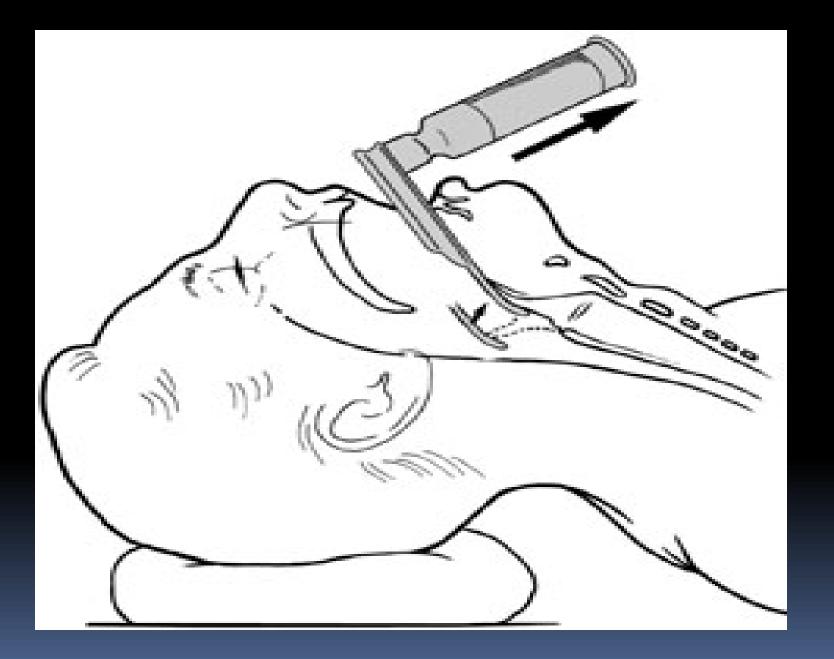
<u>Time</u>	<u>Step</u>	
Zero minus 10 min	Preparation	
Zero minus 5 min	Preoxygenation	100% O2 for 3 min or 8 vital capacity breaths
Zero minus 3 min	Pretreatment	As indicated "LOAD"
Zero	Paralysis with induction	Etomidate 0.3 mg/kg Succinylcholine 1.5 mg/kg
Zero plus 45 sec	Placement	Sellick's maneuver Laryngoscopy and intubation
Zero plus 2 min	Post-intubation management	Midazolam 0.1mg/kg plus Pancuronium 0.1mg/kg or Vecuronium 0.1mg/kg

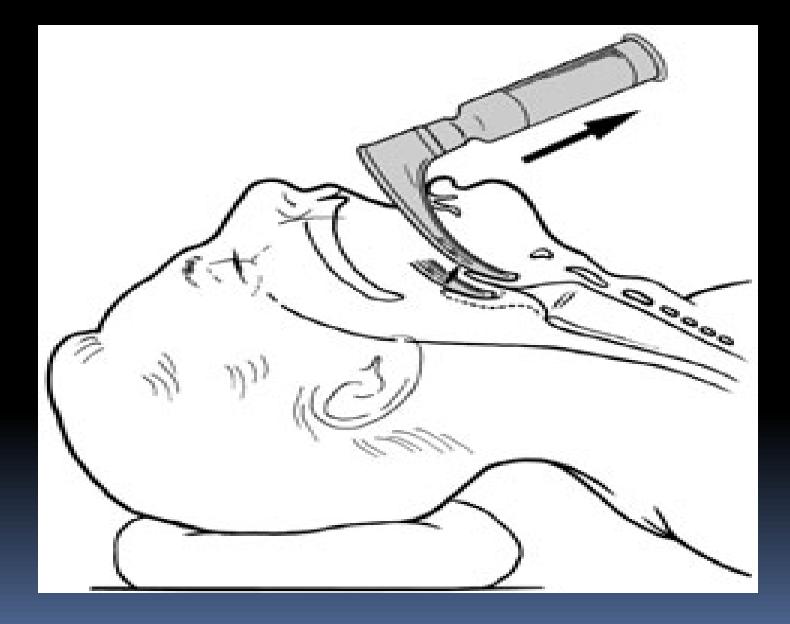


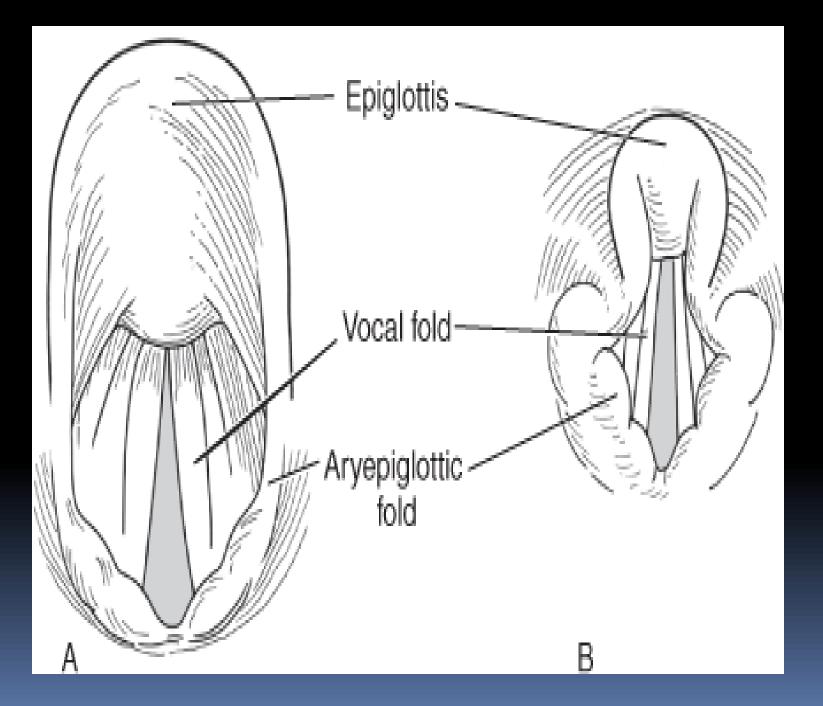


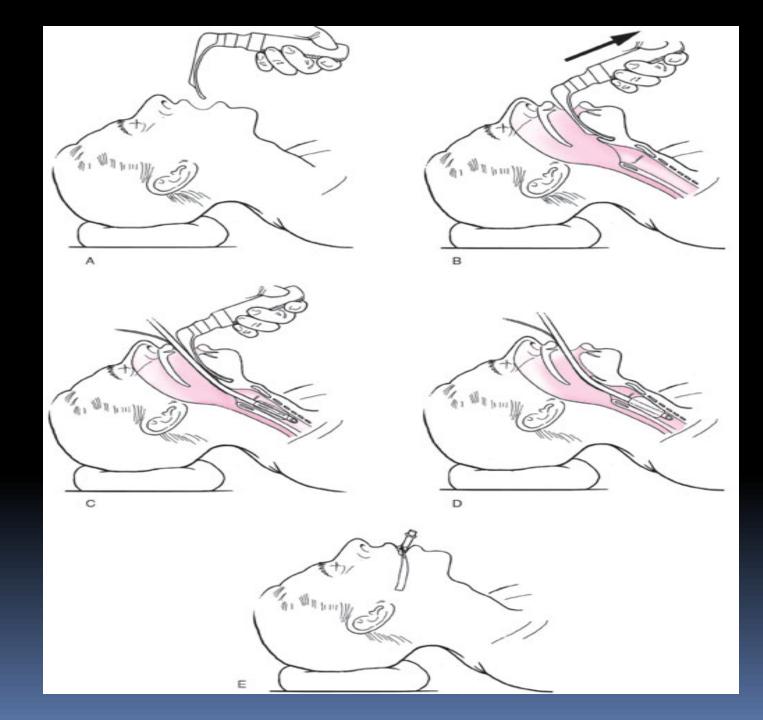




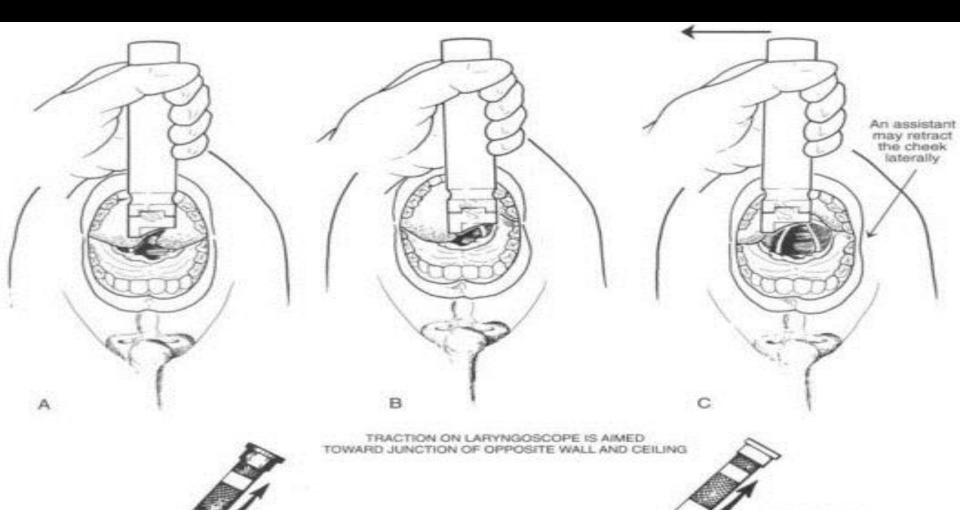




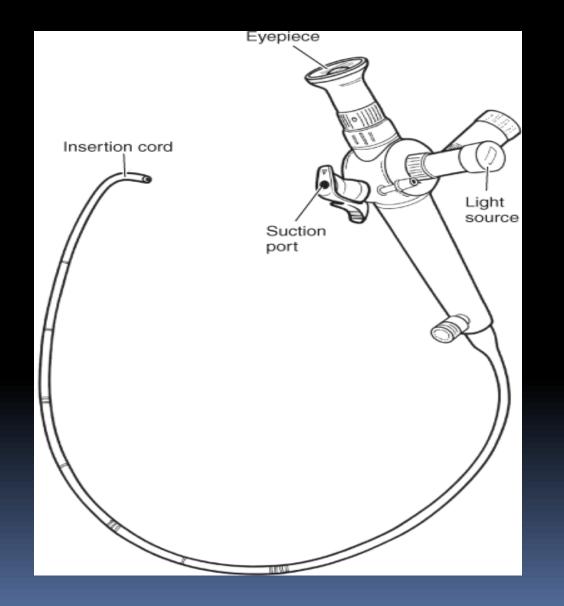




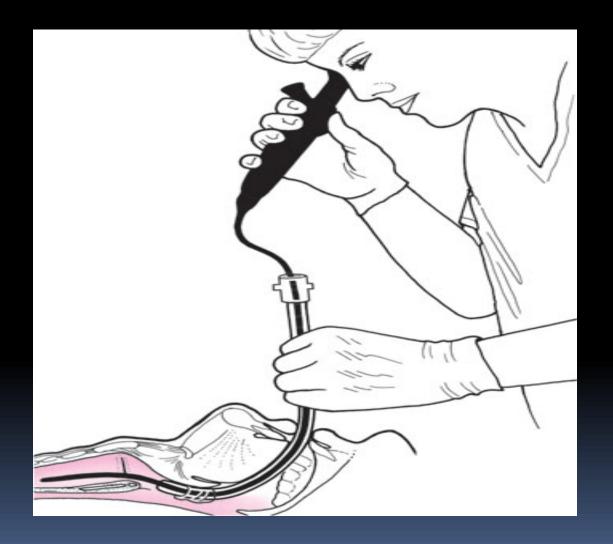
Sweep the Tongue/Fish-hook manuever



Fiberoptic Intubation

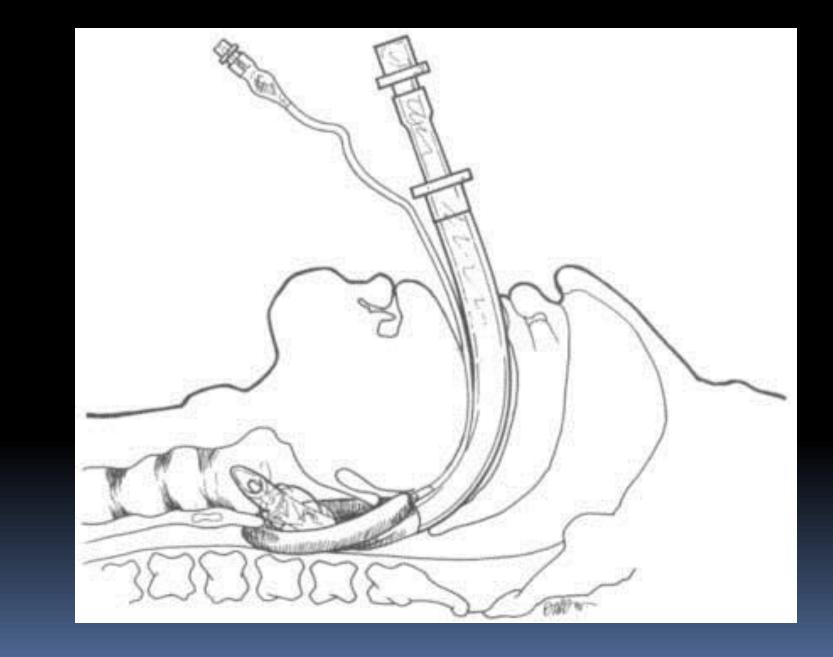


Fiberoptic Intubation



Intubating LMA

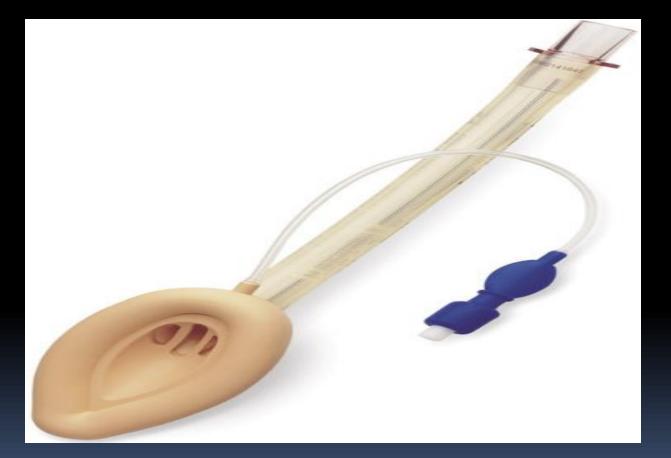




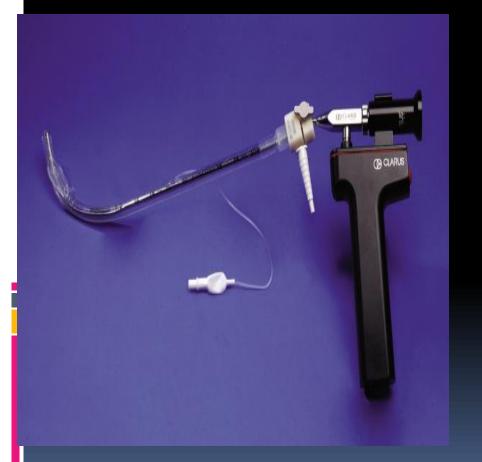
Lighted Stylet







Optical Stylet





Glide Scope



- Cricothyroidotomy has been in use since the early 1900s.
- It is the surgical airway of choice for emergent situations where other methods have failed.
- Any person performing RSI should be able to perform a surgical airway.
- Success rate between 96-100%

- Numerous advantages over a tracheostomy.
- Easier, faster & safer.

- Performed in less than 2 minutes.
- Requires little or no surgical training.
- Anatomic landmarks are superficial, easily seen and palpated.
- Does not require deep dissection and can be performed in a neutral position.
- Smaller scar & fewer complications.

- Cricothyroid membrane is located between the thyroid cartilage superiorly and the cricoid cartilage inferiorly.
- No significant vascular structures overlying the cricothyroid membrane.

Cricothyroidotomy (Indications)

- Inability to intubate endotracheally
- Severe neck or facial injury.
- Edema

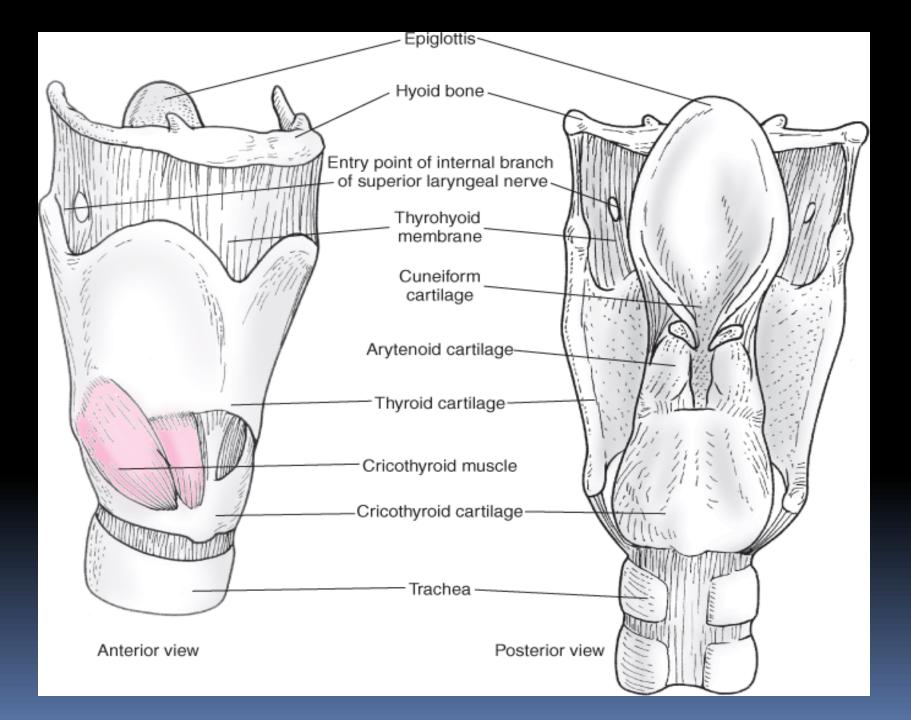
- Masseter spasm
- Laryngospasm
- Cervical spine injury
- Anatomic deformities
- Perform needle cricothroidotomy in children < 8
 10 y/0

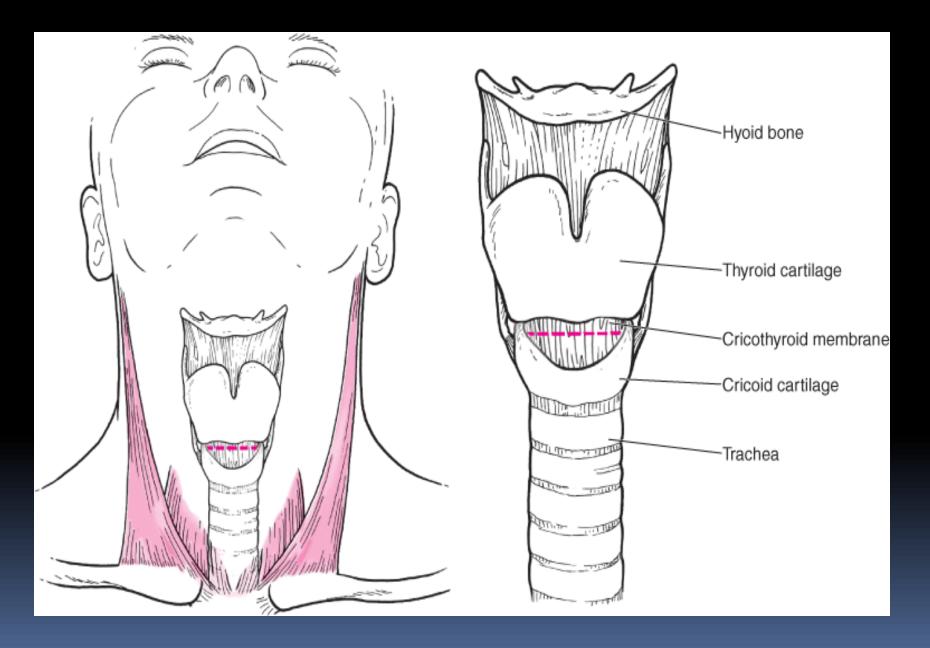
Contraindications

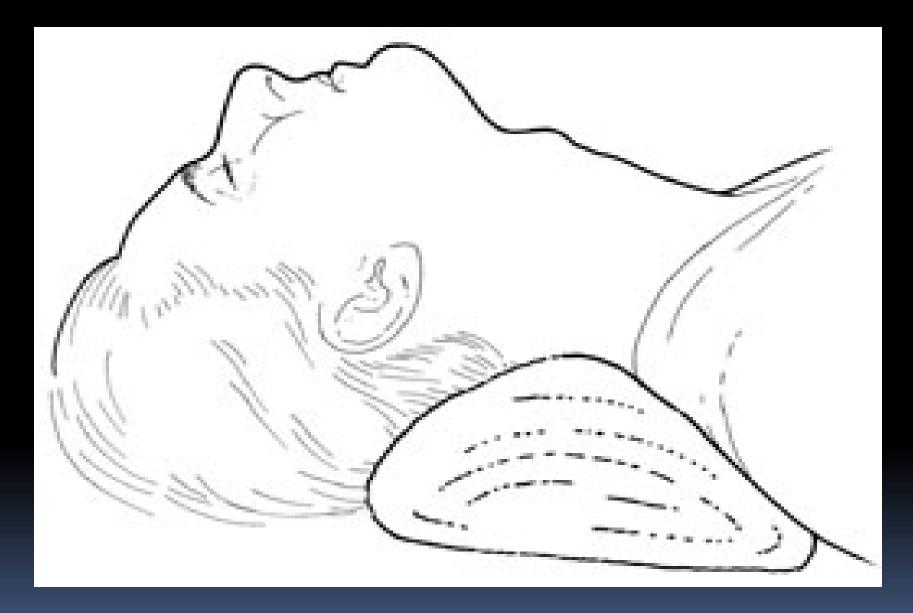
- Partial or complete transection of the airway
- Laryngeal pathology
- Coagulopathy (relative)
- Massive neck swelling (relative)
- Neck hematoma

Traditional approach

- Immobilize the larynx
- Identify the cricothyroid membrane
- Skin incision 2-3 cm
- Stab incision through the membrane
- Widen the membrane with the scalpel handle
- Place tube & ventilate



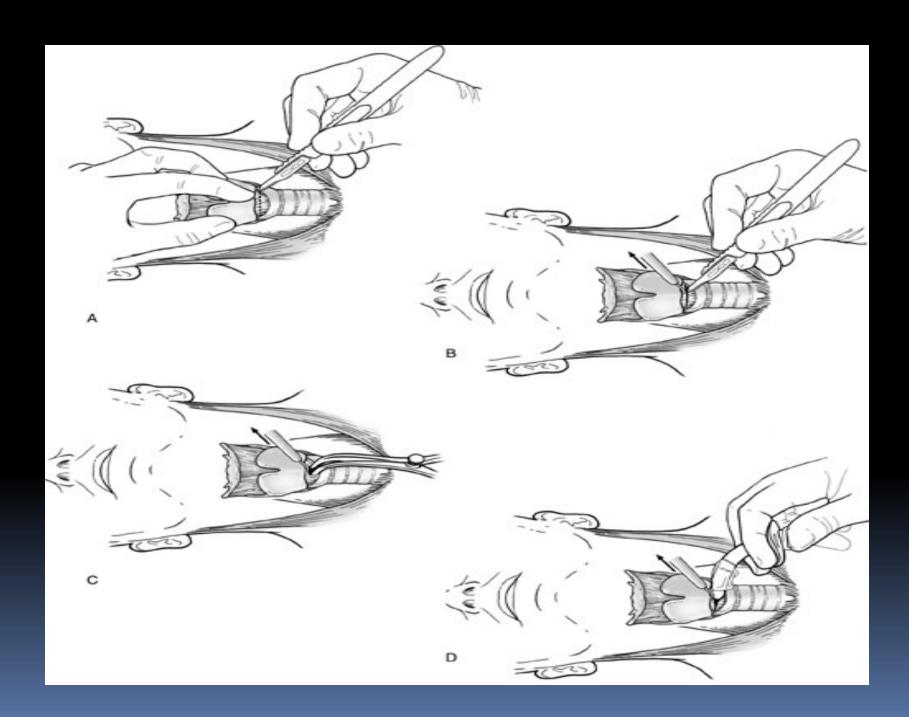




Percutaneous

Cricthyroidotomy

- Stab incision through skin only overlying the membrane
- Advance catheter over needle attached to 3ml syringe through the membrane.
- Apply negative pressure to the syringe.
- Bubbles indicate appropriate position.
- Advance catheter until hubbed
- Advance guidewire & remove catheter
- Insert dilator/airway catheter over guidewire, dilate and remove guidewire and dilator while leaving airway catheter in place





Noninvasive Positive Pressure Ventilation (NPPV)

- IPPB- intermittent positive-pressure ventilation
 - Quick burst of pressure support at onset of inspiration
- CPAP continuous positive airway pressure
- MMV mask mechanical ventilation
 - Substitute a mask for an ETT
- BL-PAP: bi-level positive airway pressure
 - Both inspiratory pressure (IPAP) and expiratory pressure (EPAP)



Bipap

- Pressure-limited (ie. You set the pressure)
- Flow triggered pts breath starts the machine aided breath (the IPAP)
- IPAP is maintained for 200msec 3 seconds
- Machine then goes to the EPAP setting
 - Never drops below the EPAP therefore = PEEP

Selection criteria for BiPAP

Yes

- Spontaneously breathing patient
- Patent airway
- Need for assistance of ventilation

NO

- Inability to maintain a good mask fit
- Unable to tolerate the mask
- Loss of ventilatory drive
- Need for airway protection



Pediatric Airway Pearls

- Tube size = (Age + 16)/4
- Uncuffed tube if <8</p>
 - Don't inflate a cuffed tube
- Miller blades predominate
- Blade size on Braslow tape
- Atropine if using succinylcholine
- Percutaneous Needle Cricothyroidotomy if <10</p>

